

How To Bead a Rosary

Prayer ropes and rosaries have been used since the third century as a tactile tool to assist in repeated prayer. Orthodox, Anglicans, Catholics, and Lutherans all have different versions and variations of rosaries and prayer ropes. After the reformation, Martin Luther continued praying the rosary, but shorted the Ave Maria (Hail Mary) to just "Hail Mary, Full of Grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus". These are the words of the Archangel Gabriel at the Annunciation (Luke 1:28) and the words of St. Elizabeth at the Visitation (Luke 1:42).



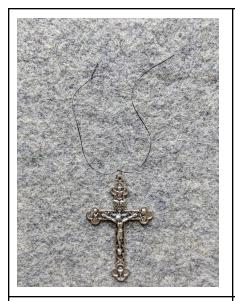
Gather supplies. To make one rosary or prayer rope, you will need:

- 53 beads of one color
- 6 beads of another color
- 1 center
- 1 crucifix
- Thread
- Zap-a-gap glue
- Ruler
- Sewing Scissors
- Optional: Rosary Poster from RevAndMrsGandy

I purchased these supplies at RosaryParts.com and then separated the Hail Mary beads into groups of ten and one group of three using an egg carton, in order to make counting out the beads easier for my young children.



Start by cutting one piece of thread about 6 inches long.



Feed the thread through the eye of the crucifix to the halfway point. Then double knot the thread, securing it to the crucifix about halfway along.



Pinching the two thread ends together, bead an Our Father bead, then three Hail Mary beads, then one more Our Father bead.



Feed the threads through the bottom eye of the Center and double knot, securing the thread to the center. Trim the excess thread.



Now cut another piece of thread about 24 inches long.



Feed it through one of the upper eyes of the Center to the halfway point and knot. (Just like you did with the first thread) Then bead 10 Hail Mary beads, 1 Our Father bead, 10 Hail Mary Beads, 1 Our Father Bead, 10 Hail Mary beads, 1 Our Father Beads, and 10 Hail Mary beads. You do not need to finish with an Our Father bead, because the Center will be used in its place.



Feed the thread ends through the open eye of the Center. Double knot the threads, securing them to the Center. Trim the excess threads.



In order to ensure that your knots do not come loose, apply a very small amount of Zap-A-Gap glue at each knot. (There should be 4.)



Hooray! You have made a rosary!